

Disability Support Services



MINISTRY OF SOCIAL
DEVELOPMENT

TE MANATŪ WHAKAHIATO ORA



Preparing for your assessment or reassessment



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What you will find in here

Page number:



About this Easy Read2



Things to think about for your
assessment.....7



After your assessment talk.....15



Your DSS supports18



If you are not happy with your
assessment decision.....21

About this Easy Read



This Easy Read is from **Disability Support Services** at the Ministry of Social Development.



Disability Support Services

In this Easy Read **Disability Support Services** will be called DSS.



This Easy Read has information about how you can prepare / get ready for a needs:



- **assessment**
- reassessment.



A needs **assessment** is where someone talks to you about:

- your everyday life

- what kinds of support might be good for:
 - you

 - your whānau / family

 - carers

- how much support you need

- what times of the day you need support.



Your assessment will be with:

- a **Needs Assessment and Service Coordination / NASC site**

or

- an **Enabling Good Lives / EGL site.**

Enabling **Good Lives**



Enabling Good Lives is a different way of thinking about disability support.

Enabling Good Lives is about having:

- choice and control in your life
- the support you need and want
- a good life.





Needs Assessment and Service Coordination / NASC work with disabled people to access disability supports so they can have a good life.



This includes checking disability supports if there are concerns / worries about:

- quality
- **safeguarding.**



Safeguarding protects the rights of a person to make their own decisions about their life.



Here **site** means who you go to so you can get your needs assessment done.



In this Easy Read the word **site** refers to your:

- Needs Assessment and Service Coordination / NASC site

or

- Enabling Good Lives / EGL site.

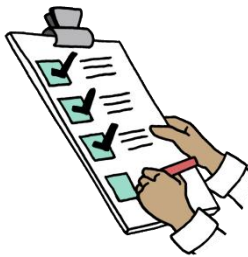


Things to think about for your assessment



It is a good idea to think about what:

- you would like to share with us
- is important for us to know.



This section has examples of what might be talked about at the assessment.



Not all these examples will be part of your:

- life
- needs.



You may like to:

- make notes about the things that mean something to you

and

- bring the notes with you to the assessment.



What do you do every day?

Think about:

- the things you do every day
- when you are busy
- what would support you to make the hard parts of your day easier.



The important people in your life



Think about:

- the people who are important to you
- who gives you support
- how you get along with people
- what would give your supporters more time to do things for you.



What do you do away from home?



Think about the things you do in your community.

Do you:



- go to school

- work

- do **cultural activities**

- do recreational activities like:

- sport

- music

- art?





Culture is a way of:

- thinking that a group shares
- doing things as a group.



Cultural activities are doing things with people in your culture like:

- dancing
- going to church
- sharing meals.



Think about things you might like to do away from your home.

The things you are good at



Think about:

- your skills
- what you are good at doing
- what you like to do.



Think about how these things:

- support you to learn
- make you happy.



Keeping safe

Think about how you:

- keep yourself safe
- take care of any risks / problems.





Decisions and choices

Think about the decisions you make every day.



What kind of decisions do you make?



If you have carers

Think about your carers.



Think about what could support your carers to:

- take a break
- keep a good balance in their life like:
 - working good hours
 - staying healthy.





If this is a reassessment

Think about how things have changed in your life since the last time you talked about your needs to:

- a Needs Assessment and Service Coordination / NASC site

or

- an Enabling Good Lives / EGL site.

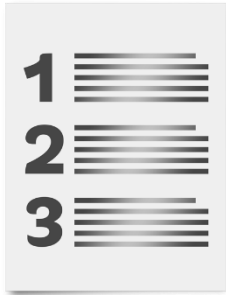


Enabling **Good Lives**

After your assessment talk



You will be sent a **summary** of what was talked about in your assessment.



Here a **summary**:

- is the things talked about written down
- tells you the important ideas.



It is important the summary is correct about:

- what you need
- what was talked about in your assessment.



You will have time to read the summary.



You can talk about the summary with:

- your whānau / family
- a support person you trust.

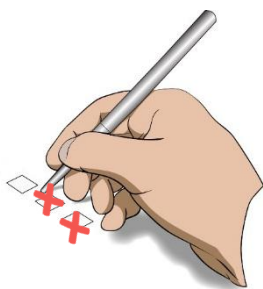


It is important to tell the site who did your assessment if:

- you agree with it

or

- anything needs to change.



You can also give extra information to the site who did your assessment.



Your supports might be slow to happen if your site:

- does not hear from you
- cannot contact you.



Your DSS supports



If this is your first assessment

Your site will work out if you can get support funded by DSS.

Your site will then talk with you about:



- what kinds of support you can get
- the ways the support can be given to you.



Not every disabled person who has an assessment can get support funded by DSS.



If you cannot get support funded by DSS your site may tell you about other kinds of support for:

- you
- your whānau / family
- your carers.



If you are having a reassessment



Your site will think about:

- any changes:
 - in your life
 - to your needs
- the support funded by DSS you get.





Your site will talk with you about:

- what kinds of support you can get
- the ways the support can be given to you.



Your site may tell you about other kinds of support that are good for:

- you
- your whānau / family
- your carers.



If you are not happy with your assessment decision



There are some things you can do if you are not happy with the assessment decision made by your site.



The first thing to do is talk to your site.



Your site might be able to find a solution / fix for you.



You can ask your site for a **review** of any part of your assessment.



Here **review** means:

- looking at the decisions that were made
- thinking about if the decisions need to be changed.



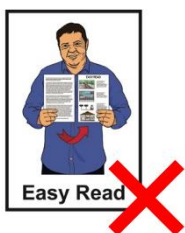
The DSS website has more information on:

- asking for a review
- giving feedback
- making a complaint.



The DSS website is:

www.disabilitysupport.govt.nz/feedback



This **website** is not in Easy Read.



You can also **phone** the Whaikaha number:

- **0800 566 601**

then

- choose option 1 to get DSS when the voice message tells you to.



This number does not cost money to call.

You can call us:



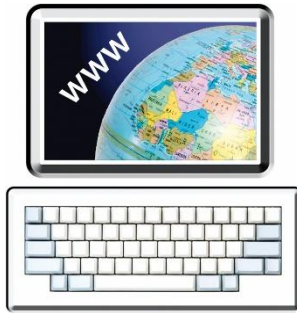
- Monday Tuesday Thursday
Friday:

- 8 am to 5 pm



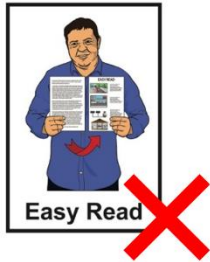
- Wednesday:

- 9.30 am to 5 pm.



The Health and Disability
Commissioner **website** also has
information on your rights:

www.hdc.org.nz



This website is **not** in Easy Read.



You can also **phone** the Health and
Disability Commissioner on:

0800 11 22 33



This number does not cost money to
call.



If you find it hard to use the phone
the **New Zealand Relay** service is for
people who are:

- Deaf / hard of hearing
- deafblind
- speech impaired / find it hard to talk.



You can find out more about the New
Zealand Relay service at:

www.nzrelay.co.nz

Disability Support Services



This information has been written by Disability Support Services – Ministry of Social Development.

Make it Easy Kia Māmā Mai



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.

People First NZ Ngā Tāngata Tuatahi



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