

My Experiences Matter

I am not just my
hardest days.
Please don't record
me like I am.

The explainer

A care record that only documents problems reduces a person to their worst moments. Make space for the full picture: goals reached, progress made, joy experienced. That's what a person-centred record looks like.

Develop records with me,
not just about me.

**Disability
Support Services**



**Te Kāwanatanga
o Aotearoa**
New Zealand Government

